



Chiropractic

... your key to good health

Elmwood Park Chiropractic & Physical Therapy

511 Boulevard, Elmwood Park, New Jersey — 201796-5273 — www.epcpt.com



Spinal problems should not be ignored.

Do you suffer from:

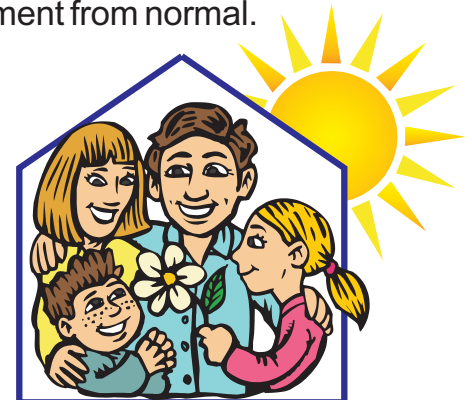
- reoccurring headaches
- neck, back & shoulder tightness or pain
- numbness or tingling in the hands
- lower back pain or discomfort
- pain down one or both of your legs
- overall loss of energy or fatigue
- poor posture
- scoliosis or spinal curvature

Do not ignore these warning signs.

Call us, we can help!

What can chiropractic do for you ...

At Elmwood Park Chiropractic & Physical Therapy it is our goal to get to the source of your problem. We do not believe anyone benefits from covering up their symptoms without addressing the cause. Although patients present with a variety of conditions, the spinal analysis is the same. That is because a misaligned spine and poor posture can affect your nerves, as well as your muscles, joints, tendons and ligaments causing you pain, loss of function and poor health. Many times spinal problems and poor posture are the cause of musculoskeletal pain and often are the root cause of other problems. By finding the cause of your problem, we are able to assist your body in healing itself. That said, the most common types of problems we see are; neck pain, back pain, headaches and injuries associated with automobile accidents, work and athletics. There are also more and more people who come to us simply because they have learned that in order to improve their health they must improve their spinal structure and posture. Therefore, they want their spine and posture checked and corrected if it is found to be out of alignment from normal.



Your family is important to us !

COUPON

VALID FOR 30 DAYS

FREE CONSULTATION

- Complete Exam
- Spinal X-Rays
- Postural Analysis
- Report of Findings

Redeem at ...
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 & Physical Therapy
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About the Doctor



Dr. Nick received his doctorate in chiropractic from Life University in Atlanta, Georgia and his bachelor's degree in Exercise Physiology from William Paterson University in Wayne, New Jersey.

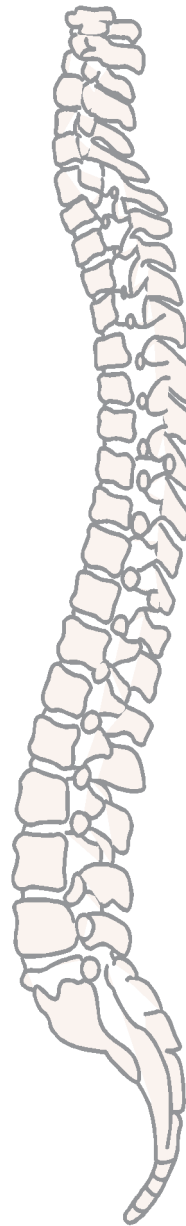
He is a certified instructor of Clinical Biomechanics of Posture (CBP), a technique that uses the most current research and techniques to gain permanent corrective changes to the spine, as well as an adjunct professor at William Paterson University.

Dr. Nick is the official chiropractor for the New York Red Bulls, the metropolitan area's professional soccer team as well as the AVP Pro Beach Volleyball Tournament held in Seaside Heights, New Jersey.

Dr. Nick and his wife Dr. Wendy, who is also a chiropractor, lecture on health related topics as a community service to businesses, government agencies, athletic and social organizations in and around the Nutley area.

Your Multidisciplinary Health Facility

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What's Posture Got to Do With It?

Your posture is an outward representation of your spine and its position. Research into what makes a body healthy has demonstrated without a doubt that normal posture is essential for your body to function optimally. The majority of the afflictions which plague mankind have as their root, abnormal structure. That little ditty we all learned as children "the foot bone is connected to the leg bone is connected to the thigh bone, is connected to the pelvic bone..." is ever so true. By making certain your posture is as good as possible, you ultimately enable your body to be as healthy as possible, and even avoid many, if not all, of the problems associated with an aging spine.

Let's Get Started

To get started all you have to do is call our office at 201-796-5273 to schedule an appointment and we will see you as soon as possible. It is our philosophy to treat your health and time with the value they deserve. Therefore, we will not waste your time by having you wait weeks for an appointment. Your health is very important. We look forward to helping you achieve a better quality of life. Call us today to schedule an appointment.